

Aftercare following epithelial abrasion

AT HOME

- The eye will be more vulnerable after the operation, which is why you should wear an **eye shield at night** during the first **3 to 4 days** after the operation. Do not rub the eye.
- If you are in **pain** after the operation, you can take 1 tablet paracetamol 500 mg every 6 hours and ibuprofen 400 mg every 8 hours.
- If a **bandage** was applied, it **can be removed the morning after the operation**. Start applying the eyedrops as soon as the bandage has been removed, in accordance with the prescription by the doctor.
- The ophthalmologist may have applied a **bandage contact lens**. This will be removed as soon as the erosion is healed (3 to 4 days).
- You can **move normal**. You can wash your face carefully the day after the operation. Having a **shower or bath is OK**, but prevent water, soap and shampoo from splashing directly into the eye during the first 3 days.
- Do **not** wear **make-up** during the first week.
- Consult your doctor to find out when you can **drive** again.

EYE DROP SCHEDULE

Trafloxal® eye drops or Trafloxal® ointment	3 times daily during one week
Artificial tears without preservatives	If needed

Further information on how to apply eye drops can be found in the brochure entitled 'Eye drops and ointment' at www.uzleuven.be/en/brochure/700730.

IN THE EVENT OF PROBLEMS, OR IF YOU REQUIRE ADDITIONAL INFORMATION

- You can contact the switchboard on 016 33 23 70 at any time during the day. They will connect you to the day care hospital.
- From 18.00 and at weekends you can contact the ophthalmologist on call via the switchboard on 016 33 22 11.